

**From Awareness to Action: Menstrual Health Outreach Drive conducted by M.K
DAV Public School Daltonganj**

In alignment with the guidelines issued by the CBSE , the Institution had earlier organised a sensitisation session on Menstrual Hygiene Management to promote awareness and address misconceptions among students. Taking this initiative a step further, today's outreach drive was conducted as a meaningful extension of the same endeavour.

The Outreach Menstrual Health Awareness Drive was conducted with active involvement and clear objectives. A group of girls from Class 12 AB accompanied by Ms Soumya visited the village of Chianki to interact with women and young girls on the crucial subject of menstrual hygiene. While interacting with the community, the students took initiative in spreading awareness by sharing essential information, addressing common concerns, dispelling misconceptions and encouraging hygienic practices in a respectful and approachable manner.

As part of the drive, sanitary napkins were distributed among the villagers to ensure access to basic menstrual hygiene products. The interaction was carried out with sensitivity and empathy to help break the silence and stigma often associated with the subject. The initiative not only benefitted the community but also instilled in students a strong sense of social responsibility and compassion.

Reflecting on the initiative, the Honourable Principal, MRS. INDRANI CHATTERJEE , expressed her sincere appreciation for the students and staff involved in carrying forward this noble cause. She asserted that the true purpose of education lies in its ability to extend learning into real-life situations and meaningful social engagement. She remarked that by extending awareness to the grassroot level, students are not only strengthening their own understanding but also contributing to building a more informed and equitable society. She commended the efforts as a significant step towards fostering dignity, health and empowerment for women and conveyed her optimism about the lasting impact of such initiatives.

